

CPR and AED Training

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The **CPR and AED Training** is designed to teach layperson CPR and Automated External Defibrillator (AED) skills.

Who is this course for?

Emergency First Responders, Sports and Leisure Staff, Guest Service Staff, Parents and Caregivers, Nannies and Fitness Professionals.

SST Training Courses deliver:

- Latest technology, international standards and fully accredited by Dubai Corporation for Ambulance Services and Knowledge & Human Development Authority, Dubai
- Taught by internationally experienced Instructors
- Easy to learn skills in a safe, hygienic and friendly environment
- Hands-on practice to ensure effective learning and absorption of skills
- Upon completion of the course each Student will possess the skill competence necessary to save a life
- Practice makes perfect! Monthly In-Service Trainings are recommended to maintain comfort and skill level
- **Certification cards are issued on completion day - No waiting!**

CPR & AED Training includes:

- Clear and concise direction on how to perform CPR and use an AED during an emergency
- Step-by-step explanations and visual summaries of important skills
- Provide a summary of what signs first aiders should look for and what treatment steps they should take

SST Training Courses provide an integrated teaching and learning system that offers many resources to better support instructors and prepare students to save a life.

Course Length: 3-4 hours | For costs on our courses please call Steve on +971 50 245 9146

Safety Skills Training JLT

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